



Clergy Continuing Formation Annual Report

Date: November 14, 2022 For calendar year: 2022

Name: Seth O’Kegley-Gibson District: Montana West -> MHM

Church or Extension Ministry: Iliff Ministry Incubator -> Grace United Methodist Church, Denver, CO

The Mountain Sky Conference Board of Ordained Ministry has established minimum continuing formation standards for every full and associate member of the Annual Conference: 2 CEUs (20 contact hours) each year and/or a minimum of 10 CEUs (100 contact hours) per quadrennium.

This annual report helps us be accountable to one another and also helps the board know how to help meet the continuing formation needs of the clergy. All information will be collated and studied by the board. In addition, failure to complete this report at the end of each calendar year will disqualify you from receiving funding from the Ministerial Education Fund the following year.

When and where did you last attend a Conference Church Ethics and Sexual Misconduct Prevention Training? Not completed in Mtn Sky Conference. Completed Safe Church Training through the Episcopal Diocese of Colorado in October 2022 and did an ethics/sexual misconduct seminar during candidacy in Holston Conference (c. 2017/8).

Name up to three books that you have read this year for continuing formation and spiritual growth and that you recommend to others:

Author: Dwight Vogel Title: Primary Sources of Liturgical Theology

Author: Edwin H. Friedman Title: Generation to Generation

Author: Paul W. Chilcote Title: Recapturing the Wesleys’ Vision

Name up to three activities that impact you that are outside your ministry responsibilities:

1. Music. I have been working to build a musical community for myself here in Denver and have made a good chunk of friends and colleagues in music and am beginning to plug into performances.
2. Hiking. Since moving to Colorado, we have both rediscovered our love for the outdoors since Tennessee isn’t really a place to enjoy being outside.
3. The Order of Saint Luke is a group of confidants whom I trust, love, and seek to be in community with as much as possible. Their companionship in praying the Daily Office helps center me.

List up to three resources that nourish you when you are wounded, hurting and/or disillusioned:

1. Music. Singing, playing piano/organ, or just listening to good music is always a way to recenter myself.
2. Family and friends who are outside of church work.

List the continuing formation and/or spiritual growth events in which you participated during the last calendar year, Jan. 1-Dec. 31, along with the CEU value. Assign one CEU to 10 contract hours.

Event: Residency in Ministry Date(s): March 15-16 CEUs: 1

Event: Annual Retreat of Order of Saint Luke Date(s): October 3-6 CEUs: 1

Event: Center for Pastoral Effectiveness: Track I Date(s): October 19-21 CEUs: 1

Are there particular educational events/classes that you want to attend this year?

Event/Class: _____ Leader/instructor: _____

Event/Class: _____ Leader/instructor: _____

Have you made any progress this past year in learning conversational Spanish or another new language that will help you communicate with your current or future congregations and the people around them?

I took many years of French when I was younger. Since moving out here, I've been working on brushing that off and even helping my husband, Jared, learn. I realize that this isn't a primary language here, but in Europe and in other linguistical/cultural areas, French is very useful. Hoping to continue getting my fluency back in French and learning some conversational Spanish to aid my ministry in Denver.

Do you have any other plans for continuing formation this year? Please list up to three:

1. Order of Saint Luke Spring Council Retreat in Pittsburgh, May 8-11
2. Order of Saint Luke Annual Retreat in Pittsburgh, October 16-19
3. Cathedral Residencies (Westminster Abbey, Canterbury Cathedral, St. George's Chapel Windsor) in England- July 7-18

Send completed report by Jan. 15 to your district superintendent and:

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